WHAT MAY I TAKE IF I HAVE A HEADACHE OR PAIN?
(Medications that do NOT affect your risk of bleeding)

Non-Prescription

Acetaminophen
- Anacin Extra-Strength (Aspirin-free)
- Panadol
- Tylenol

Acetaminophen/Caffeine
- Excedrin Tension Headache

Acetaminophen/Caffeine/ Pyrilamine
- Midol Complete

Acetaminophen/ Diphenhydramine
- Excedrin PM
- Midol PM
- Goody's PM
- Panadol PM

Acetaminophen & Mg Salicylate
- Back-Quell

Acetaminophen/Mg Salicylate/Caffeine
- Arthriten Joint Pain Relief

Acetaminophen/ Pamabrom
- Midol Teen
- Panadol Womens Extra Strength

Acetaminophen/Pamabrom/Mg salicylate
- Pamprin Cramp

Acetaminophen/ Pamabrom/ Pyrilamine
- Pamprin Multi-Symptom
- Premsyn PMS

Acetaminophen/Phenylephrine
- Excedrin Sinus

Acetaminophen/ Phenyltoloxamine
- Percogesic

Magnesium Salicylate
- Doan's
- Percogesic Backache Relief

Prescription

Acetaminophen/ Butalbital
- Bupap
- Marten-Tab
- Phrenilin
- Phrenilin Forte
- Repan
- Sedapap

Acetaminophen/ Butalbital/ Caffeine
- Alagesic
- Alagesic LQ
- Dolgic Plus
- Esgic
- Esgic-Plus
- Fioricet
- Orbivan
- Repan
- Zebutal

Acetaminophen/Caff/Dihydrocodeine

Acetaminophen/ Codeine
- Capital with codeine
- Tylenol #3
- Tylenol #4
- Tylenol with Codeine

Acetaminophen/ Hydrocodone
- Co-gesic
- Hycet
- Lorcet
- Lorcet
- Lorcet Plus
- Lorcet-HD
- Lortab
- Maxidone
- Norco
- Vicodin
- Vicodin ES
- Vicodin HP
- Xodol
- Zamicet
- Zolvit
- Zydone

Acetaminophen/ Oxycodone
- Endocet
- Magnacet
- Percocet
- Primlev
- Roxicet
- Tylox
- Xolox

Acetaminophen/ Pentazocine
- Talacen
- Zydone

Acetaminophen/ Phenyltoloxamine
- Ali-Flex
- Flextra
- Hyflex-DS
- Rhinoflex
- Zegesic
- Zflex

Acetaminophen/ Tramadol
- Ultracet

Celecoxib
- Celebrex

Choline Magnesium Trisalicylate

Codeine

Magnesium Salicylate

Salsalate
- Salicylsalicylic acid

Tramadol
- Rybix
- Ryzolt
- Ultram

Note: These lists are not all inclusive, read the product labeling carefully for active ingredients because the ingredients in products (particularly over-the-counter products) may change and because new products are continually being marketed.[1] Consult with a healthcare professional if you have any questions regarding the product(s) you are taking.
Also ask your nurse or other healthcare professional about any dietary supplements or herbal remedies you may be taking.[2]

Prepared by the Drug Information Center
2/12

PREOPERATIVE MEDICATION GUIDELINES FOR "BLOOD THINNERS"[1]

What do I do about blood thinners another doctor has prescribed?

If you are on ***Aspirin, Dabigatran (Pradaxa®), Dalteparin (Fragmin®), Enoxaparin (Lovenox®), Fondaparinux (Arixtra®), Heparin, Rivaroxaban (Xarelto®), Tinzaparin (Innohep®), or Warfarin (Coumadin®)*** under another doctor's care, please ask your surgeon if these need to be stopped. You or your surgeon may need to consult with your prescribing doctor.

If you have any questions contact your surgeon or call 319-_____.

If you are on arthritis, pain, or other medication (including herbal medications[2]) that may be a blood thinner, stop taking them according to the time frame listed in the chart below to avoid the risk of increased bleeding during and after your surgery. If this is not possible, please consult with your surgeon.

Note: These lists may <u>not</u> be all inclusive, read the product labeling carefully for active ingredients and consult with a healthcare professional if you have any questions regarding the product(s) you are taking.

Please talk with your doctor to determine when (and if) you should resume your blood thinning medication after surgery.

Aspirin-Containing Products (Stop 2 weeks prior to Surgery)

- Acetylsalicylic acid
- Aggrenox
- Alka-Seltzer products (many contain aspirin, check the active ingredients of the package for aspirin)
- Anacin
- Anacin Advanced Headache Formula
- Anacin Maximum Strength
- Ascriptin products
- Ascomp with Codeine
- Aspir-Low
- Aspir-Mox
- Baby aspirin
- Bayer Women's Aspirin
- BC Powder
- BC Arthritis Powder
- Buffered Aspirin
- Bufferin
- Butalbital, Aspirin, + Caffeine products
- Carisoprodol, Aspirin, +/- Codeine products
- Chewable Aspirin
- Ecotrin
- Emagrin
- Endodan
- Excedrin Back & Body
- Excedrin Extra Strength
- Excedrin Menstrual Complete
- Excedrin Migraine
- Fiorinal
- Goody's Extra Strength Headache Powders
- Goody's Back & Body Pain Powders
- Halfprin
- Medi-Seltzer
- Orphenadrine, Aspirin, & Caffeine products
- Oxycodone & Aspirin products
- P-A-C Analgesic
- Pain-Off
- Pamprin Max
- Percodan
- Saleto
- Soma Compound
- Synalgos-DC
- Vanquish

Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) (Hours/days prior to surgery to discontinue therapy)

<u>Diclofenac (36 hours)</u>
- Arthrotec
- Cataflam
- Cambia
- Voltaren
- Voltaren XR
- Zipsor

<u>Diflunisal (24 hours)</u>
- Dolobid

<u>Etodolac (36 hours)</u>
- Lodine

<u>Fenoprofen (24 hours)</u>
- Nalfon

<u>Flurbiprofen (36 hours)</u>
- Ansaid

<u>Ibuprofen (3 days)</u>
- Addaprin
- Advil products
- Combunox
- Duexis
- Hydrocodone & Ibuprofen products
- I-prin
- IBU-tab
- Ibudone
- Midol Liquid Gels
- Motrin products
- Oxycodone & Ibuprofen products
- Reprexain
- Profen IB
- Ultraprin
- Vicoprofen

<u>Indomethacin (24 hours)</u>
- Indocin

<u>Ketoprofen (36 hours)</u>
- Nexcede
- Orudis
- Oruvail

<u>Ketorolac (24 to 48 hours)</u>
- Sprix
- Toradol

<u>Meclofenamate (24 hours)</u>
- Meclodium

<u>Mefenamic acid (24 hours)</u>
- Ponstel

<u>Meloxicam (4 days)</u>
- Mobic

<u>Nabumetone (4 to 5 days)</u>
- Relafen

<u>Naproxen (4 days)</u>
- Aleve products
- Pamprin All-Day
- Anaprox
- Treximet
- EC-Naprosyn
- Vimovo
- Mediproxen
- Midol Extended-Relief
- Naprosyn

<u>Oxaprozin (12 days)</u>
- Daypro

<u>Piroxicam (14 days)</u>
- Feldene

<u>Sulindac (24 hours)</u>
- Clinoril

<u>Tolmetin (48 hours)</u>
- Tolectin
- Tolectin DS

Miscellaneous (Hours/days prior to surgery to discontinue therapy)

<u>Cilostazol (48 hours)</u>
- Pletal

<u>Clopidogrel (7 days)</u>
- Plavix

<u>Dipyridamole (48 hours)</u>
- Persantine

<u>Prasugrel (7 days)</u>
- Effient

<u>Ticagrelor (5 days)</u>
- Brilinta

<u>Ticlopidine (7 to 10 days)</u>
- Ticlid

Dietary Supplements/ Herbal Products (Hours/days prior to surgery to discontinue therapy)

- Feverfew (7 days)
- Fish Oil (>3 gm omega-3 fatty acids/ day) (7 days)
- Garlic (7 days)
- Gingko: duck foot tree, maidenhair tree, silver apricot (36 hours)
- Ginseng (7 days)
- St. John's wort (5 days)
- Vitamin E (≥ 800 units/day) (7 days)