



# Introducing

## A New Omega-3 Sensation



# Omega Swirl

SUPPLEMENT

Smoothie Taste and Texture

### *Strawberry Banana*

#### **Flax Oil Supplement**



- Rich in Omega-3s: **2,620 mgs Per Serving!**
- Made with 100% Organic, Cold Pressed **Flax Oil**
- 100% Vegetarian
- Delicious, All-Natural Strawberry Banana Flavor - Sweetened with Xylitol

### *Lemon Zest*

#### **Fish Oil Supplement**



- EPA/DHA: **730 mgs Per Serving!**
- Made with Barlean's Fresh Catch™ **Fish Oil**
- Purity Guaranteed – Ultra Purified
- Delicious, All-Natural Lemon Flavor - Sweetened with Xylitol



# Smoothie Taste and Texture **Omega Swirl**

Omega Swirl looks and tastes like a **fruit smoothie**, yet provides optimal levels of vital and essential **Omega-3 EPA/DHA** to bring you **vibrant health and energy**.

**Packed with essential Omega-3s, Omega Swirl was created to nutritionally support:**

- Heart Health\*
- Healthy Cholesterol Levels\*
- Joint Mobility & Bone Density\*
- Energy & Endurance\*
- Skin, Hair & Nail Health\*
- Mental Health, Wellness and Acuity\*
- Healthy Blood Glucose\*
- Sexual & Hormonal Health\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Omega Swirl is an Omega-3 Sensation with the taste and texture of a fruit smoothie!**

Now everyone can enjoy the benefits of Omega-3 without the oily taste and texture or swallowing large capsules. It is the perfect solution for the whole family!



## THE BARLEAN'S PROMISE

All the products made by our family-owned and operated business are 100% guaranteed. We care about the health of your family and are proud to provide you with the world's freshest, finest quality, best-tasting Omega-3 supplements.

From Our Family to Yours *Bruce Barlean*

**100% GUARANTEED** We're so confident that Barlean's will bring you the results you expect, we offer a 100% guarantee on all our products.

### Omega Swirl Fish Oil Supplement

Supplement Facts	
Serving Size 2 tsp (10 ml) Servings Per Container 47	
Amount Per Serving	
<b>Calories</b> 45	Calories from Fat 30
% Daily Value*	
Total Fat 5.5 g	3%
Saturated Fat 1.0 g	3%
Trans Fat 0 g	0%
Polyunsaturated Fat 1.5 g	†
Monounsaturated Fat 1.0 g	†
Cholesterol 10 mg	3%
Sodium 0 mg	0%
Total Carbohydrate 4 g	1%
Sugars 0 g	†
Xylitol 3 g	†
Vitamin A 84 IU	2%
Vitamin E 2 IU	2%
<b>Omega-3 Polyunsaturated Fat</b>	
Eicosapentaenoic Acid (EPA) 365 mg	†
Docosahexaenoic Acid (DHA) 305 mg	†
Alpha-Linolenic Acid (LNA) 35 mg	†
Other Omega-3 Fatty Acids 220 mg	†
<b>Omega-6 Polyunsaturated Fat</b>	
Linoleic Acid (LA) 130 mg	†
Other Omega-6 Fatty Acids 190 mg	†
<b>Omega-9 Monounsaturated Fat</b>	
Oleic Acid 820 mg	†
Other Omega-9 Fatty Acids 150 mg	†

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

AVAILABLE SIZE: 16 oz.

#### INGREDIENTS:

Purified Fish Oil (Salmon Oil and/or Cod Liver Oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, pasteurized egg yolks, guar gum, turmeric (for color), ascorbyl palmitate.

#### PURITY GUARANTEED:

Ultra-Purified, free of mercury, lead, PCBs and other contaminants.

#### SUGGESTED USE:

SHAKE WELL prior to dispensing. 2 tsp. daily. Can be taken straight or mixed into juice, yogurt or blended beverages.

### Omega Swirl Flax Oil Supplement

Supplement Facts	
Serving Size 1 Tbsp (15 ml) Servings Per Container 31	
Amount Per Serving	
<b>Calories</b> 65	Calories from Fat 45
% Daily Value*	
Total Fat 5 g	8%
Saturated Fat .5 g	2%
Trans Fat 0 g	0%
Polyunsaturated Fat 3 g	†
Monounsaturated Fat 1 g	†
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%
Sugars 0 g	†
Xylitol 3 g	†
<b>Omega-3 Polyunsaturated Fat</b>	
Alpha-Linolenic Acid (LNA) 2,620 mg	†
<b>Omega-6 Polyunsaturated Fat</b>	
Linoleic Acid (LA) 760 mg	†
<b>Omega-9 Monounsaturated Fat</b>	
Oleic Acid 850 mg	†

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

AVAILABLE SIZE: 16 oz.

#### INGREDIENTS:

Organic flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, vegetable juice (for color), ascorbyl palmitate.

#### SUGGESTED USE:

SHAKE WELL prior to dispensing. 1-2 Tbsp. daily. Can be taken straight or mixed into juice, yogurt or blended beverages.

Refrigerate for quality. Keep out of reach of children.

For more information please contact:

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